



Empowering You

SEARCH 4 EXCELLENCE

EMPLOYEE MENTAL HEALTH

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ESSENTIAL SPIRITUAL LAWS-1

Key Takeaways

- **Understanding of the Relationship between Physical and Metaphysical World**
- **Ability to Clarify Desires and Align Manifestation Goals**
- **Law of Attraction Tools for Visual, Auditory and Kinesthetic People**
- **Using the Laws to improve Health, Relationships, and Career**

Target Audience

**EVERYONE INTERESTED IN
SELF DEVELOPMENT**



12 HOURS

Training Duration

	The Metaphysical World	Manifesting Goals	Tools of the Trade	Removing Blocks
KEY CONCEPTS COVERED	<ul style="list-style-type: none"> • The Spiritual/Universal laws • Relation between Physical and Metaphysical world 	<ul style="list-style-type: none"> • Creating Clarity, Focus and Acceptance • Setting Goals for Health, Relationships, Career and Finances • Ho’oponopono 	<ul style="list-style-type: none"> • 3 Tools for Visual People • 3 Tools for Auditory People • 3 Tools for Kinesthetic People • Daily Practices for aligning the Laws with the Goals 	<ul style="list-style-type: none"> • Avoiding Common Manifestation Mistakes • Deservability and Self Worth • Growth Mindset vs Fixed Mindset
EXPECTED OUTCOME	<p>Understanding how energy of intention affects our outcomes</p>	<ul style="list-style-type: none"> • Fixing Goals to work on in different life areas • Accepting Responsibility for Co-creating a Desired Life 	<ul style="list-style-type: none"> • Figuring out primary perception ability and tools that work best with it • Creating a list of daily practices based on own preferences 	<ul style="list-style-type: none"> • Fostering a positive Mindset and avoiding negativity • Conscientiously creating what is possible • Working on Shifting the Energy



ESSENTIAL SPIRITUAL LAWS - 2

Key Takeaways

- **Understanding of the Relationship between Physical and Metaphysical World**
- **Ability to Clarify Desires and Align Manifestation Goals**
- **Law of Attraction Tools for Daily Routine**
- **Using the Laws to improve Health, Relationships, and Career**

Target Audience

**EVERYONE INTERESTED IN
SELF DEVELOPMENT**



6 HOURS

Training Duration

	The Metaphysical World	Manifesting Goals	Tools of the Trade	Removing Blocks
KEY CONCEPTS COVERED	<ul style="list-style-type: none"> • The Spiritual/Universal laws • Relation between Physical and Metaphysical world 	<ul style="list-style-type: none"> • Creating Clarity, Focus and Acceptance • Setting Goals for Health, Relationships, Career and Finances 	<ul style="list-style-type: none"> • 4 Tools for Manifestation • Daily Practices for aligning the Laws with the Goals 	<ul style="list-style-type: none"> • Avoiding Common Manifestation Mistakes • Deservability and Self Worth
EXPECTED OUTCOME	<p>Understanding how energy of intention affects our outcomes</p>	<ul style="list-style-type: none"> • Fixing Goals to work on in different life areas • Accepting Responsibility for Co-creating a Desired Life 	<ul style="list-style-type: none"> • Figuring out tools that work best for self • Creating a list of daily practices based on own preferences 	<ul style="list-style-type: none"> • Fostering a positive Mindset and avoiding negativity • Working on Shifting the Energy



REIKI LEVEL 1

Key Takeaways

- **Stress buster and wellness booster**
- **Accelerated healing on physical, emotional and mental health issues**
- **Better connection with intuition**
- **Reconnects body, mind, and spirit with own natural ability to heal**

Target Audience

**ADULTS LOOKING FOR
SELF-HEALING**



8 HOURS

Training Duration

	What is Reiki	History of Reiki	Healing with Reiki	Additional Tools
KEY CONCEPTS COVERED	<ul style="list-style-type: none"> • How does Reiki Work • The Energy Body Composition • Relationship between Energy Body and Physical Body 	<ul style="list-style-type: none"> • The 4 Miracles • The 5 levels of healing practices • Various schools of teaching 	<ul style="list-style-type: none"> • Attitude of Gratitude • Gassho • Reiji Ho • Chiryo • Byosen Scanning • Kenyoku 	<ul style="list-style-type: none"> • Framing Affirmations • Group Healing • Healing Crystals • Reiki Shares
EXPECTED OUTCOME	Exploring the concept of Energy Healing	Better understanding of evolution of Reiki	Performing a full energy healing for self and for others	Augmenting basic Reiki healing techniques with High Energy tools





THANK YOU

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